

**Bronx
Week
2016**
ilovethebronx.com

**BRONX BOROUGH PRESIDENT
RUBEN DIAZ JR.**

presents

Workouts

- 8 AM Soccer Training with
New York City Football Club
 - 10 AM Yoga
 - 11AM Tai-Chi
 - 12 PM Circuit Training
 - 1 PM Yoga
- No Registration Required*



CLIMBING
Wall

**HEALTH
SCREENINGS**
By MICHC & UHC

**WORKSITE
WELLNESS**
By Bronx REACH CHAMPS

**COOKING
DEMOS**

#NOT62
HEALTH DAY

MAY 13, 2016
7:00 AM -3:00 PM

**FORDHAM
PLAZA**

Produced by:

THE BRONX | Tourism Council | **BOEDC** | The Bronx Overall Economic Development Corporation

Sponsored by: **Montefiore** | **CareConnect** | **UnitedHealthcare** | **NEWS 12**
THE UNIVERSITY HOSPITAL FOR ALBERT EINSTEIN COLLEGE OF MEDICINE | North Shore-LIJ CareConnect Insurance Company, Inc. | Community Plan

confEdison | **EVERYTHING MATTERS** | **healthfirst** | **Empire** | **GOYA** | **optimum**
community

BIC | **BUSINESS INITIATIVE CORPORATION OF NEW YORK** | **Affinity Health Plan** | **WellCare** | **BRONXNET** | **AMP RADIO**
TELEMUNDO

BRONX COMMUNITY COLLEGE | **Hostos** | **LEHMAN COLLEGE** | **CenterLight** | **DAILY NEWS**
NYDailyNews.com

MetroPlus | **FORDHAM ROAD** | **NYC HEALTH+HOSPITALS** | **Lincoln**